

10 SIMPLE WAYS YOU CAN HELP AN OFFICER

- 1. Say Thank You, whenever you see them.
- 2. Send them notes of encouragement, from the community.
- 3. **Brag on them:** call into your local radio station, send a letter to the local newspaper, get on social media community pages and groups.
- 4. Invite them to your Church Potluck, school events, community gatherings
- 5. Watch their back: whenever you can, be on the lookout to speak up for them.
- 6. Encourage their spouses and families.
- 7. **Anonymous Acts of Kindness**: buy an Officer's lunch without him knowing it in a restaurant or buy her a coffee when you are in front of her in line.
- 8. **Show up** to support them at memorials, tributes, or even local city council meetings where you know an issue that concerns them is on the schedule to be discussed.
- 9. **Contact them** and ask "How can our church or our club or our group support your work in the community?"
- 10.**Take a stand for them**: Report bad comments on social media (to social media). When others put them down, redeem the conversation and explain why you are proud to stand with the Police.

Remember to pray for them: prayer is a given but it should never be the only thing we do to support those who wear the Badge!